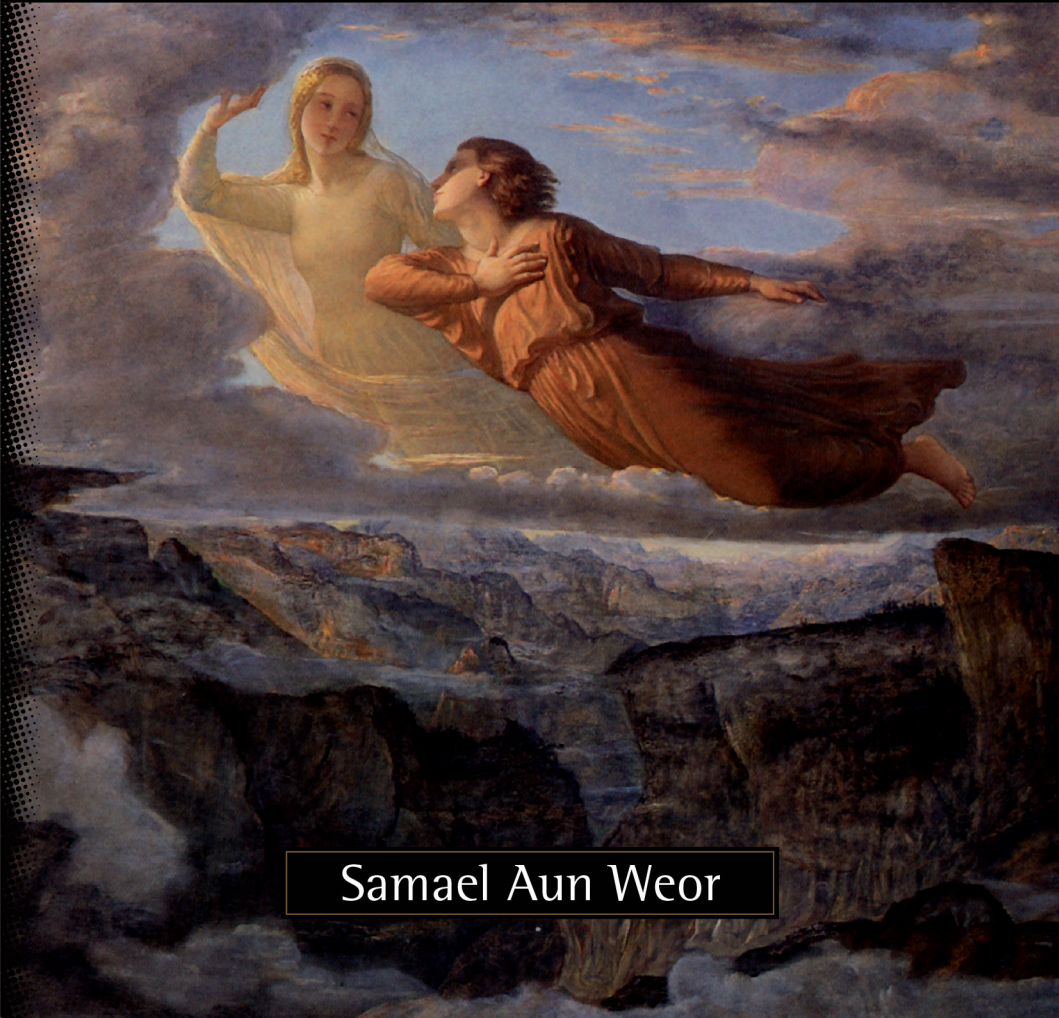


The Yellow Book



Samael Aun Weor



Pegasus Collection

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Samael Aun Weor

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...“Today and forever, my dear brethren, I renounce, I have renounced and I will continue to renounce the copyright. The only thing that I want is that these books can be sold inexpensively, accessible to the poor, accessible to all those who suffer and cry! May the happiest citizen manage to get this book with the few cents that he has in his pocket! That is all!”

*Samael Aun Weor
Pronouncement in the Congress of Guadalajara
Mexico: 29th October, 1976*

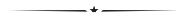


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Preface

Any Gnostic student who has studied and practiced the abundant and fruitful literature of the V.M. Samael Aun Weor knows through experience that *The Yellow Book* is one of the works that corresponds to his first esoteric period, and this is notable. It is also known that some of the Gnostic concepts were changed or amplified by the Master himself in successive books without altering or diminishing the essence of its marvelous content. For that reason the reader will find a few quotes or footnotes in this book that will serve to make its message more suitable to more recent times.

Why did the author baptize one of his many works with a name like this? He himself explains it to us by telling us, *“This is **The Yellow Book**; it is the wisdom of the Buddhas; it is the science of the cosmic mind. The Buddhas use a yellow cloak. The color of the mental world is yellow. When a man liberates himself from the four bodies of sin, he is a Buddha. Every Buddha uses a yellow cloak. The ray of the Christ is golden yellow.”*

After this important clarification, we must say that *The Yellow Book* is a work of great practical orientation for the students of Gnostic esotericism and occultism.

Therefore *The Yellow Book* is not only esoteric literature, it is a very important “spiritual guide” for those who are not content with only hearing about the parallel universes.

Certainly *The Yellow Book* serves as an orientation for those students who yearn to live the initiatic path, but it is especially a great help for the Gnostic student who is seriously committed to this. And while newer students will enjoy reading it to become informed, more advanced Gnostic students will prefer to meditate on it and to practice it for what it is in itself: “a spiritual guide” that leads to direct experience.

Rafael Vargas
Rome, 24th May 2007



Introduction

The adorable Mother Kundalini is the burning fire of the Holy Spirit.

She is Mary, Maya, Isis, Adonia, Insoberta, Rea, Cibeles, etc.

She has thousands of adorable names. She is Love.

Electricity, universal magnetism, cosmic force, the laws of cohesion and planetary gravity were created by the Mother of all adoration.

All of the brilliant, sparkling and pulsating planets in the unalterable infinite space rest within the delectable bosom of the blessed Mother Goddess of the world.

The Lady of supreme adoration leads her children by the hand and guides them along the dangerous path of the razor's edge.

The Divine Mother is entwined three and a half times within the coccygeal church.

The Lady of all adoration opens the seven Churches of the Apocalypse of the spinal medulla.

We must search for the Divine Mother within our heart temple.

The cross of initiation is received within the heart temple.

She, the adorable Lady of love is the only one who has the power of awakening Her children within the profound bosom of the Universal Spirit of Life.

The mind must become a serene lake, without storms, where the whole panorama of the starry skies is reflected.

When the mind is quiet and in silence, then the Divine Mother delights in us. That is beatitude.

Peace is only achieved by controlling the mind.

The purity of thought leads the yogi to perfection.

We must venerate the Masters. We must do our esoteric practices filled with burning faith. Those who have faith become ineffable beings.

Wisdom and love will shine in the minds of those who have reached Samadhi, the ecstasy of the Saints. With this book of flaming fire, all of our beloved disciples will be able to become true Masters of Samadhi.

Dearly beloved, raise yourself up on the path of initiation with supreme prudence. Remember that this path is full

of dangers inside and outside. This is the path of the razor's edge.

Drink the nectar of immortality from the purest fountain of ecstasy. Tread the path of perfect sanctity.

The Divine Mother has the power to open all of the chakras of the astral body. She is the Lady of perfection.

The Lady of perfection dwells within the electrons.

Wise Gnostics meditate on Her; mystics adore Her; those who are in love raise Her through the medullar canal.

Take care of your seminal liquor. Avoid nocturnal pollutions with the Arcanum A.Z.F.

Relax your muscles for meditation; keep your spinal column flexible.

Do not eat meat of any kind.¹ Drink pure water. Rise at dawn. Remember that honey is the food of the Universal White Fraternity.

Eat fruits, grains, and plants. Practice meditation daily. Remember that meditation is the daily bread of the wise.

The Yellow Book is a book of absolutely practical transcendental occultism.

Dearly beloved, here you have the yoga that is needed in

¹ I was a fanatic vegetarian and in the name of truth I tell you that I ended up being disillusioned with that system. Samael Aun Weor (See Appendix: Note 1)

the New Era of Aquarius.

Be kind in order to listen, be generous in order to judge.

May your Father who is in secret and may your Divine Mother Kundalini bless you.

Samael Aun Weor

Chapter 1

Love

Actual yoga is specifically Gnostic Christian Yoga. Actual yoga absolutely rejects the idea of Hatha Yoga. We very sincerely believe that the somersaults of Hatha Yoga are characteristic of clowns and circuses. That is of no use.

The greatest thing that there is in life is love. In no way can circus acrobatics ever replace the divine enchantment of love.

In the mysteries of Eleusis, men and women would mutually magnetize each other within the mysterious dances of love. At that time, nobody thought about perversities, but rather holy and pure things. During the great celebrations of Eleusis, happiness, dancing, kissing and sexual magic transformed human beings into true Gods.

Within the delights of love, men and women can enchant and awaken Sleeping Beauty, the divine serpent Kundalini.

When a woman and a man adore each other, they then accumulate the tremendously divine forces of the Cosmic Mother. These sparkling, terribly divine forces inundate all the chakras, centers, wheels, or lotus flowers of the internal bodies of man with their splendors.

The dorsal fires are Jehovistic. The fires of the heart are Christic. On the forehead, the tremendously divine rays of the Father sparkle.

Essentially, these three types of energy are pure transmuted semen. The key of human redemption is found in the seminal liquor.

The seminal energy must be sublimated to the heart. In the heart, the Divine Mother finds her son, the internal Christ.

The mother and her son live in the heart temple. The cross of initiation is received in the heart temple.

There can and should be a sexual connection, but it is preferable to die before committing the crime of spilling the semen.

When the magician spills the Vase of Hermes, then the terribly divine forces of the Goddess Isis (“whose veil no mortal has lifted”) withdraw; these forces burn out within the universal currents and man submerges into the abyss.

The tremendous mantra I. A. O. summarizes the entire science of the Arcanum A.Z.F. This mantra should be vocalized during the affectionate moments of sexual magic.

I (Ignis, fire), A (Aqua, water), O (Origo, origin, spirit).

The fire fecundates the waters of life so that the Son of Man can be born.

The Son of Man is always the son of a man and a woman. When two beings adore each other and practice the Arcanum A.Z.F. they inevitably become Gods.

Cultivate happiness, music and flowers in your homes. Those who are in love must forgive one another for all sorts of errors. Nobody is perfect. The couple must mutually forgive each other for their very human errors. Love is not to blame for the disagreements between lovers who adore each other. All those annoyances belong to the psychological "I" (Satan).

Actual yoga is love, music, dance, perfumes, kisses, adoration, pranayama, meditation, illumination, wisdom and happiness.

Actual yoga follows the Christ and adores the woman. The times have already passed in which the anchorites were tortured with Hatha Yoga. Now, actual yogis and yoginis love and adore each other.

Love is ineffable, love is tremendously divine.

Chapter 2

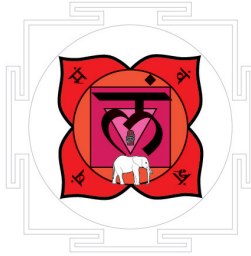
Kundalini

The Kundalini is the primordial energy enclosed within the Church of Ephesus. This Church of the Apocalypse is a magnetic center located two fingers above the anus and two fingers below the genitals organs.

The Kundalini is the igneous serpent of our magical powers. The sacred serpent slumbers within her Church, coiled three and a half times. The Kundalini is the Pentecostal Fire. The Kundalini is the Divine Mother. The sanctuary of the Divine Mother is in the heart.

The Kundalini develops, evolves and progresses within the aura of Mahachohan (the Cosmic Mother, the Holy Spirit, the Third Logos).

The dorsal fires are Jehovistic. The fires of the heart are Christic. On the forehead, the tremendously divine rays of the Father sparkle.



Muladhara (Church of Ephesus)

The fires of the heart control the ascent of the sacred serpent through the medullar canal. The Kundalini develops, evolves and progresses according to the merits of the heart.

The Kundalini needs to ascend to the brain. Then it must reach the sacred sanctuary of the heart.

The Kundalini dwells within the electrons. Sages meditate on the Kundalini. Devotees adore her; in homes of perfection she is worshipped.

When the solar and lunar atoms make contact we then drink the nectar of immortality, because the Kundalini has awoken.

The solar and lunar atoms make contact in the triveni near the coccyx; then, by way of induction, the Kundalini awakens.

The Kundalini awakens with pranayama,² with concentration and meditation, with very profound devotion, with willpower and comprehension, with sacred mantras and with sexual magic.

The Kundalini can also be awakened by the actions and grace of a Master of Major Mysteries of the White Brotherhood, or because the Divine Mother wants it to be so.

When the yogi spills the semen, the Kundalini cannot awaken. The ascent of the Kundalini through the medullar canal is very slow and difficult. The passage of the igneous serpent, from one vertebra to another, signifies terrible ordeals, dreadful sacrifices and supreme purifications. We must not only kill desire, but moreover, we must kill the very shadow of desire. Our motto is Thelema (Willpower).

When the Kundalini reaches the pineal gland, which is situated in the upper part of the brain, we then reach perfect ecstasy.

We must take note that even when the Kundalini takes the form of a serpent, she can present herself before the devotee in the form of the Divine Mother, Isis, Rea, Cibeles, Mary, etc.

When the Kundalini awakens, the devotee sees marvelous visions and hears multiple sounds. When the Kundalini awakens, all of the powers of the soul are developed.

² Is it possible that there, in the physical world, someone could self-realize without the necessity of sexual magic? The answer to this last question was tremendous: "Impossible my son, that is not possible." Samael Aun Weor. (See Appendix: Note 2)

When the Kundalini awakens, the student sees a very brilliant light that is equivalent to 10,000 suns put together, which shine with happiness in unison with the Church of Ephesus.

If the devotee spills the semen after having initiated the ascent of the Kundalini through the medullar canal, then the Kundalini descends one or more vertebra, in accordance to the magnitude of the fault. No fornicator would be able to reach cosmic realization.

Water is the dwelling of the fire. If we spill the water, then we lose the fire.

Chastity is the foundation of the Great Work. All of the power of the Kundalini is found in the semen.

All those who manage to bring this energy of the Kundalini to the pineal gland, actually achieve supra-consciousness (the state of Nirvikalpa Samadhi). The one who reaches these heights is an illuminated one, a God.

The Kundalini dwells within the triangular cavity known as the *Celestial Triangle*. This is the Center of the church of Ephesus.

This marvelous temple of Ephesus is a splendorous lotus. That lotus has four petals. The Church of Ephesus has the luminosity of ten million suns. The elemental earth of the wise corresponds to this lotus flower.

When the sacred serpent opens the Church of Ephesus, powers over the elemental creatures that live in the

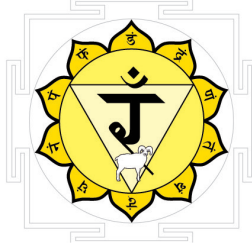
innermost part of the earth are granted to us. We can then have power over earthquakes.

When the serpent reaches the height of the prostate, the Church of Smyrna is opened. This chakra has six petals. The prostatic chakra confers upon us the power to create. Creation would be impossible without the prostatic chakra. The immortal Babaji, theYogi Christ from India, whose physical body dates back many millions of years which are lost in the night the centuries, is the supreme rector of the prostatic chakra. Babaji drives all life and has the power to create and create again. The elemental water of the wise (the Ens Seminis) is the element of this chakra. All those who open the church of Smyrna have the power over the waters and storms.



Svadhisthâna (Church of Smyrna)

The ascent of the Kundalini to the umbilical region grants upon us the power to act upon the fires of volcanoes. The chakra of the umbilical region is the Church of Pergamos. This chakra has ten petals. The elemental fire of the wise is the element of this chakra.



Manipûra (Church of Pergamos)

When the Kundalini reaches the height of the heart, it then opens the Church of Thyatira. This grants us the power to act upon the four winds. The lotus of the heart has twelve petals and its element is the elemental air of the wise. All those who want to learn how to enter into the suprasensible worlds with the physical body must awaken the chakra of the heart. This is what is known as Jinn science. The human body can leave the physical plane and enter the suprasensible worlds.



Anâhata (Church of Thyatira)

When the sacred serpent reaches the height of the heart it opens the Church of Thyatira, and we become intuitive.

The ascent of the Kundalini to the region of the larynx grants us the power of hearing the voices of those beings that live in the suprasensible worlds. That laryngeal chakra is the Church of Sardis. When reaching these heights, the Kundalini flourishes on our fertile lips made verb.

The laryngeal chakra has sixteen petals.



Vishuddha (Church of Sardis)

When the Kundalini reaches the height of the third eye the Church of Philadelphia is opened. This is the “eye of wisdom.” The Father dwells in this magnetic center. The chakra of the third eye has two petals and is the throne of the mind. When the mind-matter is transformed into Christic-mind we receive the Cape of the Buddhas and the Eye of Shiva. All those who awaken this frontal chakra become clairvoyant.



Ājna (Church of Philadelphia)

When the Kundalini reaches the pineal gland the Church of Laodicea is opened. This chakra has one thousand resplendent petals. This is the crown that shines like an aura of light upon the head of the saints. The atom of the Holy Spirit exists in the pineal gland. Then we receive the white dove of the Holy Spirit and we are filled with illumination, wisdom and omniscience.

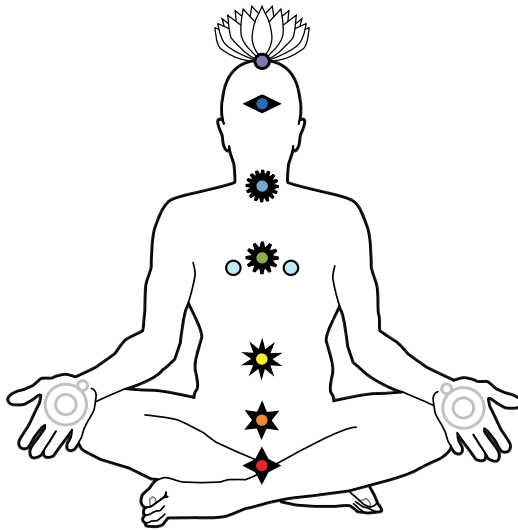


Sahasrāra (Church of Laodicea)

In the Church of Ephesus we conquer the earth. In the Church of Smyrna we conquer the water. In the Church of

Pergamos we conquer the fire. In the Church of Thyatira we conquer the air. In the Church of Sardis we conquer the Akashic fluids. In the Church of Philadelphia we conquer the mind. In the Church of Laodicea we conquer the Light. This is how we become Kings and Priests of Nature, according to the Order of Melchizedek.

The atom of the Father is found in the magnetic center of the root of the nose. The atom of the son is in the pituitary gland and the atom of the Holy Spirit is in the pineal gland.



Chapter 3

The Two Witnesses

The two witnesses are entwined around the dorsal spine forming the holy eight. These two witnesses, entwined around the dorsal spine, form the Caduceus of Mercury.

The two sympathetic cords are situated on the right and left sides of the dorsal spine. The two witnesses rise, alternating from left to right, until they form a marvelous knot in the space contained between the two eyebrows. Then they continue to the nostrils.

The sympathetic cord that proceeds from the right side makes its way to the left side and vice versa.

The cord that is proceeding from the left side is cold. The cord that proceeds from the right side is hot.

The cold is lunar. The hot is solar. Through this pair of sympathetic cords, the solar and lunar atoms of our

seminal system rise until they reach the brain. When the solar and lunar atoms make contact in the coccyx, then the Kundalini inevitably awakens.

The medullar canal has a lower orifice that is normally closed in common, everyday people. The seminal vapors open up this orifice in order for the Kundalini to enter through it. There is a special exercise in yoga that is practiced in order to open this orifice rapidly. This exercise is known as pranayama.

When the Kundalini rises victoriously, from chakra to chakra, it unties the knots and impediments that oppose the ascent of the Kundalini.

It is necessary to warn the Gnostic brothers and sisters that we must learn to polarize the sacred fire of Kundalini. Some devotees eat meat, drink alcohol, and enjoy sexual passion daily even when they never spill the semen. The result is that they polarize the fire within the chakras of the lower abdomen, and they lose the happiness of enjoying the lotus of one thousand petals (the Church of Laodicea). This chakra is the "Diamond Eye" which grants us perfect ecstasy, the ineffable happiness of the human Gods, and the power to consciously project, in spirit and in truth, in order to travel within the regions of Nirvana.

All those who have raised the serpent upon the staff must be absolutely chaste in thought, word and action. They must practice internal meditation daily, must not be gluttons, or consume liquor, or be carnivores. To be always

clean, always tidy, always pure. In this way the fire in the Church of Laodicea is polarized. Then we enjoy ecstasy.

The two witnesses have the power to awaken the Kundalini. “These are the two olive trees, and the two candlesticks that stand before the God of the earth.”

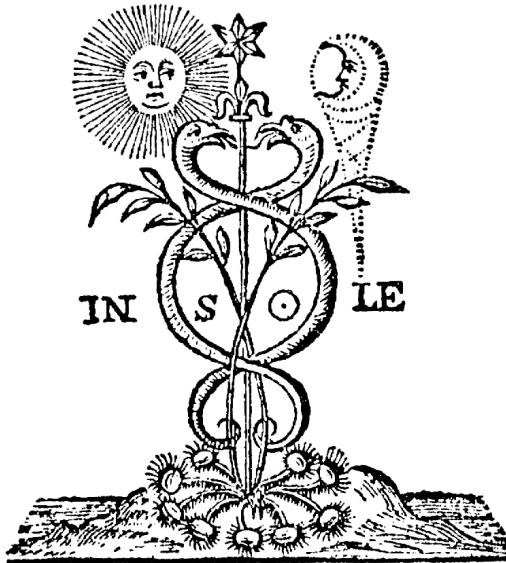
“And if anyone wants to harm them, fire flows out of their mouth and devours their enemies; so if anyone wants to harm them, he must be killed in this way. These have the power to shut up the sky, so that rain will not fall during the days of their prophesying; and they have power over the waters to turn them into blood, and to strike the earth with every plague, as often as they wish.” (Revelations 11 Verses 4 - 6)

Those who are working with the Kundalini must have an unbreakable faith in the Divine Mother. She is the one who leads her devotee by the hand. She is the one who leads her child from chakra to chakra. She is the one who assists the Gnostic student and teaches, supports and prepares him, so that he may self-realize. Every devotee must beseech his Divine Mother so that she may grant him the sacred fire. Then, after the advent of the fire, every devotee must meditate on his Divine Mother daily. She will teach him; she will take him by the hand and will guide his steps along the difficult path of the razor’s edge. This path is full of dangers from within and without.

The Swami Sivananda gives us a useful prayer for meditation on our Divine Mother. This prayer is as follows:

“Oh Divine Mother I am all yours, you are my only refuge and support. Protect me, guide me, have mercy on me.”

Know, brothers and sisters, that the Divine Mother always responds. Without her grace, it would be impossible to bring the Kundalini from chakra to chakra until reaching the Church of Laodicea.



Chapter 4

Mantric Song to Awaken the Kundalini

Sacred mantras have the power to awaken the Kundalini. The Angel Aroch, angel of command, taught us the most powerful mantric song that exists in the entire universe for the awakening of the Kundalini. The angel sang this moving and touching song, and we were filled with ecstasy. The angel then invited us to follow his example, and we sang. That mantric song is written like this: **Kandil Bandil Rrrrrrrr**. That mantric song is sung in this way: **Kan**, in a higher intonation. **Dil**, in a low intonation. **Ban**, a higher intonation. **Dil**, a low intonation. The letter **R** should be vocalized as if imitating the sound of a high-pitched motor, but with a voice that is like a child's. Brothers and sisters, this is how the song of Kundalini is sung.

All of those who are working with the Kundalini must not forget the letter **S**. You must know, beloved ones, that the

letter **S** has the power to transmute the seminal liquor into different energetic values. The seminal liquor must be transmuted on a scale of seven types of energy: the seven degrees of the power of fire. The letter **S** must resound like a very fine and gentle whistle. We must bring our teeth together in order to make a very fine and delicate whistle. That is the subtle voice that the yogi must learn how to intone and modulate.

The yogi must have the Vase of Hermes hermetically closed. The yogi who suffers from nocturnal pollutions, or who fornicates daily or constantly, is like a man who wants to fill a bottomless pitcher or barrel. The yogi must transmute the seminal liquor into seven types of energy. The letter **S** has the power to transmute the seminal liquor on a scale of seven types of energy.

The Kriya of Babaji, the Yogi Christ from India, teaches the power of the letter **S** (the sweet, gentle whistle). Behind the very fine whistle that the yogi knows how to produce with his mouth is the subtle voice—a whistle that is even finer—and when it resounds in the cerebellum, it grants the yogi the power to instantaneously go out in the astral body.

All those devotees who are working with the Kundalini must always practice with the letter **S**. When the letter **S** is intoned like this: **Ssssssssssss**, like a very fine whistle, it transmutes the seminal liquor into the sacred fire of the Kundalini. The mantric song of the Angel Aroch and the

sweet, gentle whistle are vital for the awakening of the Kundalini.

Chapter 5

Children of Wisdom

Every true Gnostic matrimony can and must engender children of wisdom. Beloved disciples, know that children of wisdom are not offspring of fornication.

When Gnostic matrimones want to give a physical body to a great Master of the White Lodge, then they must inevitably descend to the ninth sphere with Arcanum number nine of the Tarot. That Arcanum is sex. The mother of the child of wisdom must prepare herself for a period of nine months before she can create with the power of Kriya-Shakti. During this period of time, she must pray a lot to the Divine Mother, begging her with all her heart and with all her soul to give her the joy of conceiving in her womb a great Master, in order to help humanity. The preparation is for nine months; nine months of chastity, saintliness and meditation before she can perform the secret act with her husband.

The future father of the child must also not be a fornicator. He must abstain for a period of nine months. He and she must only pray a lot to the Divine Mother, beseeching her so that they can have the happiness of having a great Master as their child.

The couple must not eat meat.³ The couple must be vegetarians. The couple must be chaste in thought, words and action.

The sacred copula is performed in the spring during the month of May, the month of flowers. During the month of May, the Buddha descends in order to bless humanity.

The act must be performed on a Friday at dawn. At that hour, the morning star is vibrating intensely.

The couple must withdraw from the act without having ejaculated the seminal liquor. The Lunar Hierarchies knows how to utilize one masculine gamete and one feminine ovum in order to fecundate the womb.

The mother must sleep in a different position each month, one month on her right side and the following month on her left side. This is how the body of the child, which is in the womb, will receive all of the cosmic benefits.

In Lemuria, all of this work took place inside the great temples of mysteries. Therefore, pain during childbirth

³ I was a fanatic vegetarian and, in the name of truth, I tell you that I ended up being disillusioned with that system. Samael Aun Weor (See Appendix: Note 1)

did not exist. This is how the children of wisdom were brought into the world. This is the creative system of Kriya-Shakti.

With this very ancient system, which has been lost in the night of the centuries, any Yogi couple could provide a physical body to any of the great Masters of the Venerable White Lodge.

This marvelous key proves, in a clear way, that it is not necessary to ejaculate seven million sperm in order to create a new human being. God said, "Be fruitful and multiply." God did not say: be fruitful and fornicate. Seminal ejaculation is a crime. Seminal ejaculation is brutal fornication. The ancient system of paradisiacal reproduction was carried out without seminal ejaculation in the man and without the feminine orgasm.

The tenebrous lucifers of the ancient Earth-Moon taught man the seminal ejaculation. Therefore, they lost their powers. This is represented by the departure from Eden.

We do not teach things that are against nature. What is normal and natural is to not spill the semen. We are not teaching sexual refinement, we are teaching what is truly natural and normal. People are scandalized because the Philosopher's Stone is the stumbling block and rock of

offense for the evil ones (the stumbling block is sex).⁴

Evil ones hate sexual magic. For the wicked are repulsed by everything that takes away the full satisfaction of their carnal passions. This is why they feel repulsed by chastity. That is the law of these poor people. They live to enjoy carnal passion and they hate chastity.

⁴ Letter to the Romans 9:33 "Behold, I lay in Zion a stone of stumbling and a rock of offense; And he who believes in Him will not be put to shame." // Epistle of Peter 2:8 "A stone of stumbling and a rock of offense; for they stumble because they are disobedient to the word, and to this doom they were also appointed."

Chapter 6

Urdhvareta

In India, sexual magic (Arcanum A.Z.F.) is known by the Sanskrit term Urdhvareta. All those who practice the Arcanum A.Z.F. in India are called Urdhvareta yogis.

The great Arcanum is found in a Hindustani book entitled *Secrets of Yoga*. The author is a yogi from Southern India.

It causes us great horror to know that the tenebrous Bons⁵ from the Dag Dugpa clan, who are dedicated to fatal and horrible tantrism, ejaculate the seminal liquor during their practices of black magic.

The Bons have a fatal technique that enables them to reabsorb the spilled semen. That technique is known

⁵ In Oriental Tibet the Bons monks are very radical in the matter of self-realization, which is why Blavatsky thought that they were black magicians. All of us have repeated this mistake and now we are obligated to rectify it. Samael Aun Weor. (See Appendix: Note 3)

as Vajroli, which is unfortunately misused. We do not want to expand at all about the Vajroli that is applied in its purely negative aspect or part, because we know that there exist many people with very weak mentalities who could easily be lead into the horrible tantrism of the Bons. Karma would then fatally fall upon us.

The semen that is spilled and then reabsorbed with the feminine verya is horribly recharged with atoms of the secret enemy. These are satanic atoms that are collected from the atomic infernos of the human being. The inevitable result of this tantrism is the descent of the serpent downwards, towards the atomic abyss of nature. This is how the human personality ends up definitively separating itself from the Divine Spirit. The human being then becomes a demon.

In other times, the Arcanum A.Z.F. was practiced within the ashrams of Hindustan. The yogis were prepared for sexual magic with the Vajroli. Unfortunately, the brothers and sisters of the temple began to create scandals, and the Gurujis then pulled the curtains of esotericism shut, and they prohibited the Arcanum A.Z.F. However, the initiated yogis and yoginis, secretly practiced the Arcanum A.Z.F. (even though it was apparently prohibited).

In reality, the decision to forbid the Arcanum A.Z.F. caused more damage than good, because the Brahmacharya system resulted in failure since no one was capable of remaining in Brahmacharya (absolute abstention). Those

who apparently maintained it suffer from nocturnal pollutions. This is how they lost the semen they accumulated and became victims of the abyss.

The Arcanum A.Z.F is a system that helps to create strong, healthy, magnificent children. With the Arcanum A.Z.F. the sperm that will fecundate the womb is selected.

The spermatozoon that manages to escape during the practice of the Arcanum A.Z.F. is in fact a powerful and carefully selected zoosperm that will give origin to a true Superman. This is how we can create a race of Gods.

With the Arcanum A.Z.F. the complete development of all of the dorsal fires is achieved. With the Arcanum A.Z.F. the total realization is profoundly attained.

H. P. B. (Helena P. Blavatsky), the great yogini, had to re-marry, after becoming a widow of Count Blavatsky, in order to practice the Arcanum A.Z.F. Only in this way did she attain the complete development of the forty-nine fires.

The Yogi-Avatar Lahiri Mahasaya was called to initiation by Babaji when he was already married. This was how the Yogi-avatar self-realized. The Gurujis of the ashrams have to pay karma for not having spoken clearly when it was necessary to do so. Nothing was gained with the veiling of the sanctuary. It is better to have the courage to speak clearly.

The key of the Arcanum A.Z.F. is found in the union of the phallus and the uterus. It is important to withdraw from the sexual act without spilling the semen. You must never in life spill the Vase of Hermes. This is how we become terribly divine gods.

Our motto is Thelema (Willpower).

With the Urdhvareta, the Kundalini totally awakens and develops.

Chapter 7

The Cosmic Mother

God does not have any form. God is co-essential with the abstract absolute space. God is That...That...That...

God has two aspects: wisdom and love. As wisdom, God is the Father; as love, God is the Mother.

Christ is the Son of God. Christ is not an individual. Christ is an army. Christ is the Army of the Voice, the Verb. Before the dawn of the new cosmic day, the Father, Mother, and the Son were one: That...That...That.

God, as Father, resides in the eye of wisdom. This eye is situated between the eyebrows.

God as Mother resides in the heart temple.

Wisdom and love are the two main columns of the great White Lodge.

Within each human being there exists a soldier from the Army of the Voice. That is the internal Christ of every man who comes into the world.

The sevenfold man is just the sinning shadow of that soldier from the Army of the Voice.

We need to incarnate the Sun Man, the inner Christ. The Divine Mother helps us. "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."

God as love is Isis, whose veil no mortal has lifted. Who would dare to lift that terribly divine veil? Woe to the profane and profaners who even attempt to touch the veil of Isis!

When the devotee beseeches his Divine Mother, he must be sleepy and submerged in profound internal meditation. The true devotee does not rise from his bed, nor does he eat or drink, until he receives the answer from his Divine Mother.

The Cosmic Mother has no form, but likes to take any form in order to answer the supplicant. She can present herself in the form of Isis, Rea, Cybele, Tonantzin, Mary, etc.

When the Divine Mother has given her answer to the devotee, she then disintegrates her form instantaneously, because she no longer needs it.

The Divine Mother is the second aspect of That, and her name is love. Love is a substance that is coessential with the very profound Abstract Space.

The Divine Mother is not a woman; neither is she an individual. She is merely an unknown substance.

Any form that she takes will be disintegrated moments after. That is love.

God, the Mother, is love. God the Mother adores us and loves us terribly. When we work with the Arcanum A.Z.F., the Mother Goddess of the world rises through the medullar channel and becomes the serpent of fire.

The Mother Goddess of the world is Devi Kundalini.

The Divine Mother carries her child in her loving arms. That child is the Internal Christ of each man. The Mother is: That...That...That...Isis...love...mystery...

The devotee who wishes to have powers must ask the Divine Mother. The true devotee humbles himself before God the Mother.

If the devotee is truly resolved to correct his errors and tread upon the path of sanctity, then he can ask his Divine Mother to pardon his past karma and the Divine Mother will forgive him. Yet, if the devotee does not correct himself or does not follow the path of sanctity, then it is useless to ask for pardon from the Divine Mother because she will not forgive him.

The Divine Mother will pardon her children who are truly repented. She knows how to forgive the karma of her children, because they are her children.

The karma from evil actions, from past incarnations, can be forgiven by the Divine Mother. When repentance is absolute, punishment is unnecessary.



The Immaculate Conception
Tiepolo Giambattista 1767-1769
(Prado Museum)

Chapter 8

Christic Egyptian Pranayama

Prana is the great breath. It is the Cosmic Christ. Prana is the life that palpitates within each atom, as it palpitates in each Sun.

Fire burns because of Prana. Water flows because of Prana. Wind blows because of Prana. The sun exists because of Prana, the life we have is Prana. Nothing can exist in the universe without Prana. The most insignificant insect could not be born, nor the most timid flower could bloom without Prana.

Prana exists in the food that we eat, in the air that we breathe, and in the water that we drink: it exists within everything.

When seminal energy is totally sublimated and transformed, the nervous system is provided with very rich Prana, which is deposited within the brain in the form of

the wine of light, as marvelous Christic energy.

There is a close connection between the mind, Prana and the semen. By controlling the seminal energy with the force of willpower, we will have achieved everything because the mind and the Prana will remain under our control.

In life, those who spill the semen will never be able to control their minds, let alone Prana. They are failures.

Whoever achieves sexual control, also gains control of their minds and control of Prana. These types of men reach liberation. These types of men attain the Elixir of Long Life.

All of those immortals who live with the Christ Yogi from India (the Divine Babaji) conserve their physical bodies for thousands of years without death having power over them. After attaining supreme chastity, these brethren achieve control of the Prana and of the mind.

Prana is universal energy: it is life, it is light, it is happiness.

The principle objective of the practice of Pranayama is to obtain the union of the solar atoms and lunar atoms of the seminal system in order to awaken the Kundalini.

Esoteric Practice

First: The devotee should sit in a chair with his face towards the East.

Second: Pray a lot, begging the Divine Mother that she awakens the Kundalini.

Third: The chest, neck and head should be in a vertical line. You should not bend your body forwards, backwards, or to the sides. The palms of your hands should rest on your legs in a very natural way.

Fourth: The mind of the devotee should be directed within, towards the Divine Mother, loving her and adoring her.

Fifth: Close your eyes so that the things of the physical world don't distract you.

Sixth: Cover the right nostril with the thumb, while mentally vocalizing the mantra **Ton**, while breathing or inhaling the air very slowly through the left nostril (men do it in reverse).⁶

Seventh: Now close the left nostril with the index finger. Retain the breath. Send the Prana to the Church of Ephesus, located in the coccyx in order to awaken the Kundalini, and mentally pronounce the mantra **Sa**.

Eighth: Now exhale very slowly through the right nostril, while mentally vocalizing the mantra **Ham**.

Ninth: Now close the left nostril with the index finger.

Tenth: Inhale life, Prana, through the right nostril, while

⁶ Cover the left nostril and inhale the Prana through the right nostril (in women it is the reverse). Samael Aun Weor, "Mysteries of Fire" Lesson III, paragraph 80.

vocalizing mentally the mantra **Ton**. Now retain the breath while vocalizing the mantra **Ra**. Close the two nostrils with the index finger and the thumb. Send the Prana to the magnetic center of the coccyx in order to awaken the Kundalini.

Eleventh: Exhale very slowly through the left nostril while mentally vocalizing the mantric syllable **Ham**.

Twelfth: This constitutes a complete Pranayama.

Thirteenth: Six consecutive Pranayamas should be carried out at dawn and dusk.

Fourteenth: The devotee should get up from his chair and kneel on the ground.

Fifteenth: The devotee will place the palms of the hands on the floor with the thumbs touching.

Sixteenth: Bowing forward, prostrated on the ground, filled with supreme veneration, with your head towards the East, lean your forehead on the back of your hands, in the Egyptian style.

Seventeenth: Now the devotee will vocalize with his creative larynx the powerful mantra of the Egyptians: **Ra**. That mantra is vocalized by elongating the sound of the two letters that make up the mantra **Ra**, in this way: **Rrrrrrrraaaaaaa**. Vocalize it seven consecutive times.

These are the seventeen points of the Egyptian Pranayama.

The mantra **Ra** has the power of making the Kundalini and the chakras vibrate in order to awaken them.

The mantrams of Pranayama are **Ton-Sa-Ham, Ton-Ra-Ham.**

With Pranayama the Kundalini awakens. With Pranayama the tenebrous regions of darkness and inertia are dissipated. With Pranayama we dissipate laziness and ineptness.

Prana is related with the mind. The mind is the vehicle of willpower. Willpower must obey the Great Soul of the world.

All the internal vehicles must be controlled with Pranayama. Prana is life.

The right nostril is solar. The left nostril is lunar. The two witnesses are related to the nostrils. The seminal vesicles are united to the two witnesses through a pair of nervous cords. In the final synthesis, we can assure that the two witnesses of the Apocalypse are born in the seminal vesicles. The two seminal vesicles are the two oceans of Life. It is said that Moses found his Master at the convergence of the two oceans.

In this chapter, we have taught Egyptian Pranayama for the devotees of the occidental world.

Those who want to awaken their Kundalini must persevere in Pranayama daily throughout their entire life. The room for the practice of Pranayama must not be humid, poorly ventilated, or unclean. The room should be pure, clean and

neat. You can also practice Pranayama in the countryside, on a mountain, at the seashore, etc.

With Pranayama we transmute the sexual energy into Christic energy. With Pranayama we awaken the Kundalini and we completely open the chakras.

Pranayama is a system of sexual transmutation for single people.

Chapter 9

Sexual Transmutation for Single People

Yoga signifies union with God. No one can achieve the union with the Beloved One, without having first awakened the Kundalini.

No living being can positively awaken the Kundalini without having arrived at supreme chastity. It is indispensable that we wash our feet in the waters of renunciation. "Strive to enter through the narrow door; for many, I tell you, will seek to enter and will not be able." (Luke 13:24)

It is urgent to know that the straight, narrow and difficult door is sex. We departed from Eden through the door of sex, and only through this door may we enter into Eden. Eden is sex itself. No one can enter into Eden through false doors. We must enter through the doors from which we departed. That is the law.

Those students of occultism who, for one reason or another, cannot practice the Arcanum A.Z.F. must know the science of sexual transmutation in depth. There exists another secret key and with its help the single devotees can open the Ark of Science.⁷

Practice of Sexual Transmutation for Single People

First Position: The devotee of the path, while situated on the floor, must imitate the position of the toad.

Second Position: The devotees must lie down dorsal decubitus (face up), on their bed (or also on the floor), with their torso elevated upwards and the head as low as possible. They must then puff up and inflate themselves like the toad does when it's angry.

Mental Attitude of the First Position

With willpower and imagination united in vibrant harmony, the Gnostic student must identify himself with the toad. Imagine one is within the stream of the pure waters of life. One unites his willpower and imagination in order to make his sexual energy rise from his sexual organs to the sacred chalice of the brain. The Gnostic student must raise his seminal energy through the two sympathetic

7 Is it possible that, in the physical world, there is someone who can self-realize without the need of sexual magic? The answer to this last question was tremendous: "It is impossible my son, that is not possible." Samael Aun Weor (See Appendix: Note 2)

cords that are entwined around the spinal medulla forming the famous Caduceus of Mercury.

Mental Attitude of the Second Position

With willpower and imagination united in vibrating harmony, the student must inflate himself as the toad does. This is only possible with a deep breath. During the inhalation of the vital air, imagine the seminal energy is ascending through your two sympathetic cords, which are gracefully entwined around the spinal medulla. Bring that marvelous seminal energy towards the brain, then direct it towards the heart. Then you must exhale the vital air, focusing the energy in the heart temple. Our motto is Thelema (Willpower).

Mantra of this Practice

Imitate the song of the toad. The mysterious **Crioc** [**Croak**]⁸ of the toad is the song: it is the mantra.

Origin of this Practice

The Divine Cosmic Mother gave this marvelous key of the Ark of Science to the brethren. The Divine Mother cares for all of her children. The toad that is upon the immaculate lotus flower, within the pure waters of life, is an ancient sexual symbol of the pharaohs of old Egypt.

8 In the first printed editions of *The Yellow Book*, two different versions of this transmutation mantram circulated around, so here we have included both.

Chapter 10

Order and Esoteric Discipline

Every Gnostic student must be ordered. The student of Gnosis must be truly disciplined. No student of Gnosis would be able to make real progress if he were to eat meat,⁹ or drink alcohol. Meat decomposes like any cadaver in the stomach.

Meals with meat and blood favor criminal instincts. The liver cannot digest meat. Meat has a lot of uric acid which, after passing through the liver, enters the blood circulation. Uric acid brings diseases such as rheumatism, liver disease, kidney ailments, premature aging, etc.

Animal psyches are found in meat. Those who nourish themselves with meat assimilate animal instincts in their organisms. People who are quick-tempered, angry, furious,

⁹ I was a fanatic vegetarian and in the name of truth I tell you that I ended up being disillusioned with that system. Samael Aun Weor (See Appendix: Note 1)

assassins, commonly eat bull meat. Talkative women, motor mouths, etc. almost always eat a lot of chicken, etc.

The Gnostic must be temperate. He must not drink wine, eat meat, or slander people. He should not be gluttonous or lazy.

The Gnostic must go to bed at 10:00 p.m. daily in order to practice internal meditation in his bedroom. The Gnostic must get up at dawn in order to practice all of his esoteric exercises.

The Gnostic must be a clean, tidy, decent, honest and upright person. He should always be reliable and happy, never angry with anyone, nor should he be against anyone.

The true devotee who is willing to realize himself should never in his life accept one single drink of alcohol. Know that alcohol harms and damages. Alcohol is from the abyss. Those who drink alcohol inevitably fall into the abyss. Drunkards do not achieve the realization.

The devotee should shower or wash himself daily, and he should dress presentably. The Gnostic who never washes himself or who is in great disorder causes damage to humanity because he drives people away from these studies with his bad taste. People may then say: "Is this what the Gnostics are like? I don't want to degenerate myself! I don't want to enter into these studies!", etc.

The Gnostic must not be a fanatic. We must study everything to reject what is useless and to accept what is useful.

Gnosis is not against any religion, school, order or sect. We have fought for the moral purification of many schools, religions and sects. We have never been against any religion, school or sect. We know that humanity is divided into groups and that each human group needs its own system of particular instruction. Truly, all religions, schools and sects are very precious pearls that are strung on the golden thread of divinity.

We must build churches in order to serve all religions without distinction of names or creeds. Truly, all religions are ineffable and divine. All religions, schools, orders and sects are necessary. Religious jealousy is the same as passionate jealousy which is elevated. It is a shame to be religiously jealous. The brothers and sisters must transcend jealousy, for it is a very low passion. The Gnostic movement is formed by people from all schools, religions and sects.

Another very grave sickness of the soul is neurosis. In these times, people have become neurotic. Know that neurosis is satanic. Always cultivate sweetness, patience and love. We must educate our children with wisdom and love. Cultivate happiness, sweetness and love in your homes. Know that neurosis damages the lotus flowers of the soul. Teach your children by example. Always be happy and joyful. Gnostic homes should always be sanctuaries of love and happiness. Neurotic shouts and screams, beatings and lashings dispel happiness, thus the white dove of love leaves the heart forever. This is the disgrace of many homes. Live with wisdom and love.

Chapter 11

Meditation

On a certain occasion we heard an exotic declaration from the lips of a Hindustani swami. The master explained the necessity of Hatha Yoga to the people in the auditorium as being indispensable in order to reach the heights of Samadhi. That Yogi stated that many people have not achieved success with internal meditation, in spite of their long efforts and daily training. According to the Swami, such failures were due to the exclusion of Hatha Yoga.

Frankly, we disagree with this affirmation given by the venerable swami. Those who have not obtained illumination after ten to twenty years of practicing internal meditation must find the cause in the lack of the sleepy state.

It is urgent to combine meditation with sleep.



Reclining Buddha carved in stone (Ajanta caves, India)

Chapter 12

Primary Clairvoyant & Clairaudient Experiences

If the yogi persists with internal meditation, if he is consistent, tenacious and infinitely patient, after a certain amount of time, the first clairvoyant perceptions will appear.

At the beginning, only luminous spots will appear; then, in those moments of transition between vigil and sleep, faces, pictures of nature and objects will appear, like in dreams. The disciple's enthusiasm increases with the first clairvoyant perceptions. These perceptions are demonstrating to the disciple that his internal powers are entering into activity.

It is urgent that the disciple does not become weary. A great deal of patience is needed. The development of internal powers is something that is very difficult. Really

there are many students who begin, but there are very few disciples who have the patience of Saint Job. Those who are impatient will not manage to take one single step along the path of the realization. These types of esoteric practices are for people who are very tenacious and patient.

In the sacred India of the Vedas, yogis practice internal meditation four times a day. Yet, in our occidental world, due to the preoccupation of our daily lives and the hard battle for existence, if we can only practice meditation once a day, then this is sufficient. It is important to practice daily, without missing even one day. With incessant, continuous and tenacious repetition, we will eventually put our chakras into rotation. Thus, after some time, the first clairvoyant and clairaudient perceptions will begin.

Luminous spots, pictures of light, living figures, sounds of bells, and the voices of people or of animals, etc. indicate with accuracy that the student is progressing in the development of his internal powers. All of these perceptions appear in the instant that, while submerged in profound meditation, we are dozing off.

Many types of light begin to appear with the practice of internal meditation. At the beginning the devotee perceives very brilliant white lights. These lights correspond to the eye of wisdom, which is located between the eyebrows. The white, yellow, red, blue, and green lights as well as the lightning, sun, moon, stars, sparks, flames, etc.

are particles which are formed by supra-sensible elements (Tanmatras¹⁰ particles).

When small luminous balls appear, shining with white and red colors, then this is an absolutely positive sign that we are progressing in our practices of concentration of thought. There will be an instant in which the devotee will see angels, or archangels, thrones, powers, virtues, etc. The student may also see within dreams or during meditation, grand temples, rivers, valleys, mountains and beautiful enchanted gardens.

Commonly, during the practice of meditation, certain strange sensations occur that may sometimes fill the devotee with fear. One of these sensations is an electric shock in the chakra of the coccyx. Also, the lotus of a thousand petals, which is situated in the upper part of the brain, may often feel electric sensations. The devotee must defeat fear if he wants to progress in the development of his internal powers.

Some students have these visions within a few days of practice; others begin to have these visions after six months of daily exercises.

Within the first period of daily training we only relate with the beings of the astral plane. Within the second

¹⁰ Tanmâtras (Sanskrit) are types or rudiments of the five elements; the subtle essence of the elements, devoid of all qualities and identical to the fundamental properties of the five elements: earth, water, fire, air and ether. Theosophical Glossary of H.P.B. (See Appendix: Note 4)

period of esoteric training we relate with the beings of the mental plane. Within the third period of esoteric training we relate with the beings of the purely spiritual plane. We then begin to truly become competent investigators of the superior worlds.

The devotee that begins to have primary clairvoyant perceptions of the superior worlds must at the beginning be like a garden that is sealed with seven seals. Those who tell others about what they see and hear fail in these studies because the doors to the superior worlds become closed to them.

One of the gravest dangers that attack the devotee is vanity and pride. Many students fill themselves with pride and vanity when they begin to perceive the reality of the supra-sensible worlds. They then qualify themselves as masters, yet they have not achieved the complete development of their internal powers. They begin to mistakenly judge others, based on their incomplete clairvoyant perceptions.

The result of this mistaken course of action is that the devotee attracts a lot of karma upon himself because he has become a slanderer of his fellowman, and he therefore fills the world with pain and tears.

The student who has primary clairvoyant perceptions must be like a garden that is sealed with seven seals until his Internal Master initiates him into the great mysteries, and gives him the order to speak.

Another one of the serious errors that attack all those who submit themselves to esoteric discipline is to undervalue imagination. We have learned that imagination is translucence: it is the mirror of the soul; it is divine clairvoyance. For the devotee, to imagine is to see. When the frontal chakra begins to rotate, the images that become translucent become brilliant, splendid and luminous.

The devotee must distinguish between imagination and fantasy. Imagination is positive. Fantasy is negative, detrimental and harmful for the mind because it could lead us to hallucinations and madness.

All those who wish to awaken clairvoyance while undervaluing imagination will fall into the same absurdity as those who wish to practice meditation in the absolute absence of sleep. These people fail to develop their internal powers. These people violate the laws of nature and the inevitable result is failure.

Imagination, inspiration and intuition are the three obligatory steps of initiation. First images appear; and ultimately we penetrate into a purely spiritual world.

Every clairvoyant needs initiation. Clairvoyance without *esoteric initiation* leads the student into the world of delinquency. It is urgent to receive *cosmic initiation*.

If a clairvoyant penetrates into the subconscious of nature, he will be able to read all of the past history of the earth and its races. He will also find his most beloved relatives.

He will be able to see, for example, his beloved wife married with other men or perhaps committing adultery. If the clairvoyant has not reached initiation, he will confuse the past with the present and then he will slander his wife saying, "She is being unfaithful to me; she is an adulterer because I am clairvoyant and I am seeing her in the internal worlds committing adultery." The memories of our past reincarnations exist within the subconscious of nature.

If a clairvoyant penetrates into the infraconscious of nature, there he will discover all the evil of the human species. The Satan of every human being dwells within the infraconscious of nature. If the clairvoyant has not received initiation, then he will see the Satan of the Saints continually reliving the crimes and evil actions that the saints committed in their ancient reincarnations, before they became Saints. The inexperienced clairvoyant, who lacks initiation, will not know how to truly distinguish between the past and the present; between the Satan of a man and the true Being of a man. The result will be calumny. The inexperienced clairvoyant will say, "That man believes he is a saint, yet he is an assassin, a thief, and a terrible black magician. I know this, because I saw it with my clairvoyance." This is precisely what we call slander. Many clairvoyants have become horribly degenerated slanderers. One of the grave dangers of slander is homicide.

Within the infraconscious of nature, a jealous, distrustful, and unworthy man will find that all of his doubts and sus-

picious become reality. He then begins to slander his wife, his friends, his neighbors and the masters by saying, “You see, I have reason for my doubts: my friend is a thief, or a black magician, or an assassin; my wife is committing adultery, just as I suspected. My clairvoyance never fails me, I am never mistaken!”, etc.

The poor man, due to his lack of Initiation, does not have the capability to sufficiently analyze in order to realize that he has penetrated into the unconscious of nature where his own mental creations live.

Therefore, considering all of these dangers, it is necessary that esoteric students do not cast judgments against people. Do not judge in order to not be judged. The devotee must be like a garden that is sealed with seven seals. Whosoever has primary clairvoyant and clairaudient perceptions is still an inexperienced clairvoyant. Thus, if he does not know how to remain silent, he will become a slanderer of others. Only the great clairvoyant initiates do not make mistakes. Rama, Krishna, Buddha, Jesus Christ, Hermes, etc., were true infallible, omniscient clairvoyants.

Chapter 13

The Still Small Voice

There exists a particular mystical sound that the yogi must learn to hear. The Aztecs knew this mystical sound. Let us remember the hill of Chapultepec. A cricket upon a hill is represented in a Mexican codex. In ancient Rome, during the time of the Caesars, the cricket was sold in golden cages at a very high price. Magicians of ancient Rome bought that little animal in order to use them in practical magic.

If we have that little animal close to the head of our bed, and if we meditate on its delicious song, we will hear the *still small voice* in the instant of going to sleep. This phenomenon is equivalent to the phenomenon of two pianos that are equally tuned. If we play, for example, the note Ti on either piano, the other piano will repeat the same note without the touch of the human hand. This is a very interesting vibratory phenomenon that can be proven by anyone. This exact thing happens with the mysterious

sound of the cricket. There exists in the human brain the musical sound that resounds when the little animal sings. It is a matter of affinity and vibration.

Feeding this little animal is not a problem. We know that it nourishes itself with vegetables and it also eats clothes found in family homes. People are afraid of it because no one wants to lose their clothes. This little animal can easily be found in the country hills.

Whosoever hears the still voice can travel instantly in the astral body any time he wants. If the devotee concentrates on the sound of the cricket, or if the yogi meditates on the sound of the cricket and he goes to sleep while listening to that sound, suddenly the same mystic sound, the *still small voice*, will resound within his brain. Then the doors of the mystery will be opened. In those instants, the Gnostic can rise from his bed naturally and depart from his home in the astral body.

This does not have to do with getting up with the mind, what we are saying must translate into actions. The devotee must rise from his bed with complete naturalness. Nature will act in those instants by separating the astral body from the physical body.

When we are out of the physical body, we feel a delightful, spiritual voluptuousness. There is no greater pleasure than to feel the soul detached. In the superior worlds we can speak with the ineffable Gods. In the superior worlds we can study at the feet of the Master. This is how we

liberate ourselves from so many theories. This is how we drink from the living fountain of knowledge.

Every devotee must learn how to hear the *still small voice*. The devotee can realize wonders and prodigies with this mystic sound.

If the devotee wants to hear this mystic sound his concentration must be perfect. To begin with, the student will hear many sounds; yet, if he concentrates intensively on the sound of the cricket, eventually he will manage to hear it. Then he will attain victory. We inevitably attain illumination with this mystical sound.

In the final synthesis this mystical sound is produced from the tranquil heart. The remote origin of this mystical sound must be searched for within the Divine Mother. The devotee must pray a lot, beseeching the Divine Mother to grant him the grace to hear the mystical sound.

With the grace of the Divine Mother every devotee can have the joy of hearing the mystical sound that allows us to instantaneously project in the astral body.

The devotee who wishes to carry out these practices with success must devote himself to internal meditation when he truly feels very sleepy. You must know that every esoteric exercise of meditation that lacks the factor of sleep is harmful, useless, sterile, because it damages the mind and harms the brain.

Internal meditation must be intelligently combined with sleep.

If the Gnostic student unfortunately does not have the power of this marvelous little animal that we mentioned in this chapter, then he must resonate the letter S, like this: Ssssssss, like a very fine and delicate whistle (lips half-opened and upper and lower teeth together). Behind this very fine sound is found the still voice that permits us to project instantaneously in the astral body.

The devotee should choose a very comfortable position for internal meditation. Next we are going to mention two very comfortable positions.

Position of a Dead Man

The devotee will lie down in the position of a cadaver. Place your arms alongside your body, resting them on the bed or on the floor, wherever you are lying down. Straighten out your legs like the cadavers have their legs straightened out. Then bring your heels together so they are touching, spreading out your toes to the left and right, like a fan.

Position of the Flaming Star

The devotee will lie down in the position of a flaming star with the arms and legs extended to the right and left. Our bodies must be very relaxed. We should resemble the figure of the five-pointed star. This is the position of the

master. The great masters use this position for internal meditation. In the face of this figure, the black magicians run away full of terror. When the master rises from this position, the impression of the star remains in that place which makes the black magicians flee.

The devotees must not meditate with a full stomach. It is necessary for the devotees to abandon the sin of gluttony. We must eat only three meals per day.

Esoteric Diet:

Breakfast: toasted bread with pure honey and hot milk. Some fruits can be added to the breakfast.

Midday meal (lunch): lunch must consist of vegetables and fruits. Also all types of grains can be eaten. Meat is prohibited for the brothers of the path.¹¹

Dinner: Bread with pure honey and hot milk. That is all, nothing more.

Meditation must be carried out at ten o'clock at night.

One must also meditate at dawn.

If the student practices at 10 at night and at dawn, he will thus progress rapidly.

¹¹ I was a fanatic vegetarian and in the name of truth I tell you that I ended up being disillusioned with that system. Samael Aun Weor (See Appendix: Note 1)

Chapter 14

Jinn States

Hyperspace can be demonstrated mathematically with hypergeometry. Jinn science belongs to hyperspace and to hypergeometry.

If we know what volume is, then we have to also accept hypervolume as the fundamental basis of volume. If we accept the geometric sphere, then we must also accept the hypersphere.

Hyperspace permits the Gnostics to carry out extraordinary acts. Jesus was able to take his body out of the sepulcher after three days, thanks to hyperspace. Since then, the resurrected Master lives with his physical body within hyperspace.

Every Initiate who receives the Elixir of Long Life dies, but he does not die. On the third day, following death, he

escapes from the sepulcher by utilizing hyperspace. The sepulcher then remains empty.

The appearance or disappearance of a body in three-dimensional objective space, or the passing of a person through a wall, is performed with complete success when hyperspace is scientifically utilized.

Gnostic scientists can place their physical bodies in the “Jinn state” and move consciously in hyperspace.

When the body of a yogi is placed in hyperspace we say that he is in the Jinn state.

The yogi who is in the Jinn state can walk on fire without being burned; he can also walk upon the waters as Jesus did; he can float in the air. He can pass through a rock or a wall from one side to the other without being harmed at all.

Jinn science is based on hyperspace; it is a special branch of atomic physics.

Ignorant people who have never studied hypergeometry deny the Jinn state. These types of people deserve to be pitied because they are ignorant.

Old-style geometry is based on the absurd hypothesis that from one point on a plane, a straight or parallel line can be traced with complete certainty, but only one line (speaking in basic terms).

The Gnostic movement rejects the Euclidean point of view of the three known dimensions because it is completely antiquated for this atomic era.

The so-called “Parallel Postulate” (imagining in the absolute spatial sense) multiplies itself within the different dimensions of hyperspace. Therefore, it is no longer one single line.

Euclid’s “Parallel Postulate” is just a sophism in order to trap ignorant people. Gnosis rejects these types of sophisms.

The revolutionary Gnostic movement cannot accept this indemonstrable postulate that states: “From a given point in our mind, we can trace a real parallel line in the visible reality, but only one line.”

The “Parallel Postulate” does not exist. The absolute and dogmatic three-dimensional space of Euclidean geometry is indemonstrable and false.

The absurd affirmation that the physical world of experimentation is the only thing that is real turns out to be a very common belief among the illustrious ignorant, who have never investigated electromagnetic fields and the so-called pro-matter, as a *causa causorum* of physical matter.

The fourth dimension is hyperspatial. Gnostics have special techniques in order to place their physical body within hyperspace. It does not matter if the ignorant laugh at

the Jinn state. The one who laughs at what he does not know is on the way to becoming a fool. Truly, only the fool laughs and he laughs at what he does not know.

We, the Gnostics, affirm that interplanetary infinite space is curved. We affirm that the infinite is in incessant motion. We affirm that there exist an infinite series of revolving spaces from different dimensions that mutually penetrate and co-penetrate without mixing. We affirm that all of the spaces of the starry infinite have hyper ellipsoidal form. We affirm that with the forces of the mind, man can place his physical body in any revolving hyper ellipsoidal space. We emphatically affirm that revolutionary astrophysics will demonstrate to the world the existence of hyperspace. We also affirm that inside one line, other hyperspatial lines exist.

We affirm that the Savior of the world actually lives in hyperspace with the same physical body that he had in the Holy Land. We affirm that any initiate who receives the elixir of long life dies, but does not die. We affirm that all of those who receive the elixir of long life will rise from the sepulcher on the third day with their physical body, by taking advantage of the opportunity that hyperspace offers us. They maintain their physical bodies over millions of years. The immortal Babaji and his sister Mataji have maintained their physical bodies for many millions of years. They will fulfill a great mission for humanity in the future sixth and seventh great races. We emphatically affirm that anyone who works with the Arcanum A.Z.F.

can ask for the elixir of long life. They are the ones who die, but do not die. We affirm that any human being can place the physical body in the Jinn state at any moment that he wishes, if he truly has faith in the Divine Mother. Any sage of the elemental air can make the great leap. The Masters of Jinn science can escape from the earth in order to live on other planets with the same physical body that they have here. They can take that physical body of flesh and bone to another planet. This is the great leap. Some men of Jinn science have already taken this great leap.

We achieve the power to place the physical body in the Jinn state with Pranayama. It is very important to practice Pranayama before using these keys. It is interesting to know that the two witnesses, Ida and Pingala, in their final synthesis, are rooted in the right and left testicles of the male and in the ovaries of the female. Through this pair of nervous canals, the solar and lunar atoms of the seminal system rise until they reach the chalice (the brain). The nostrils and the sexual organs are connected through the two witnesses. This invites us to reflect. Pranayama, among other things, is truly a system of sexual transmutation for single people.

Every Gnostic must begin his Jinn practices after having prepared himself intensely with Pranayama. The great Masters of yoga float in the air while practicing Pranayama. Only a body that escapes from the law of gravity can float in the air. Only a body that enters into hyperspace can escape from that law.

When mental force is consciously managed, we can place the physical body into hyperspace. Jinn science is a matter of vibration. Above and below the limits of objective perception, there exist worlds that are located in other dimensions. With the power of thought we can accelerate the oscillatory frequency and normal vibration of the physical body by means of certain keys of Jinn science, which we will give next. This is how we then penetrate with the physical body into hyperspace. When scientists gain absolute control over atomic movement, they will be able to place any object into hyperspace. The devotees of the Jinn religion, prior to the practice of Pranayama, must pray to their Divine Mother, beseeching her to give them the power to place the physical body in the Jinn state. They must practice a lot of Pranayama in order to conquer the Jinn powers. The student must carefully select the key that most appeals to him in order to practice Jinn science. It is urgent that the student comprehends that the Jinn religion demands absolute chastity and supreme sanctity.

Remember well-beloved disciple that the divine powers of Jinn science are very sacred. These powers can only be utilized in order to cure and heal sick people from afar, to enter into the temples of the White Lodge and to study the marvels of creation within the bosom of Nature.

All those who try to make selfish use of the Jinn powers will become a horrible demon and will inevitably tumble into the abyss.

The Law is the Law. Karma will punish the abusers.

The devotee must choose the Jinn key that most appeals to him and must practice daily with this key with great intensity, until he achieves victory.

This science is not for the weak, or for unsteady, fickle or inconsistent people. This science is for people who have as much patience as Saint Job. This science is for tenacious, courageous, tireless people who are as strong as steel.

This science is not for skeptical people. People like that are useless for Jinn science.

This science is never to be exhibited, because the White Lodge prohibits it. The science of the Jinn is not to be performed like a magic trick or illusionism or anything like that. This science is terribly divine and can only be practiced in secret. When I, the author of this book, wanted to publicly demonstrate the Jinn science, the Master Moria immediately intervened by saying: "We have been helping you for the past ten years and now you want to exhibit your powers. Powers are very sacred. Powers must not be exhibited in public." Since then we have comprehended that Jinn science is secret.

Many people would like to see demonstrations. We, the Brethren of the Temple, are not laboratory animals. Truth is what one experiences in oneself. We cannot experiment with other people's bodies.

We give the keys in order that each one can experiment with one's own flesh. We advise those who are filled with doubts, who are skeptical, to not enter into these studies because they may become mad. The tremendous battle of the antithesis can destroy the brain of the skeptics and lead them into a mental home. Jinn science is for those who have unbreakable faith, like steel. This is not for people who are full of doubts.

Next we give the Jinn keys for people who are full of faith.

First Key

The devotee must lie down on his left side, resting his head on the palm of his left hand. The devotee must become drowsy, keeping watch over of his own sleep, becoming a vigilant of his own sleep.

When the devotee begins to see the images of his dreams, he must get up very slowly from the bed but holding on to sleep as if it were a precious treasure. Before the devotee leaves his house, he must take a small jump with the intention of floating in the surrounding atmosphere. If the devotee, after executing the small jump, floats in the atmosphere, it is because his physical body has entered into the Jinn state. If the devotee does not float, then it is because he is not in the Jinn state. When the devotee is in the Jinn state, he can leave his house with full confidence and without any fear at all. In the Jinn state the devotees can travel to the most remote places of the earth in a few minutes.

If the devotee fails in the experiment, if he does not achieve the Jinn state on the first try, then he must not lose heart. He can get into his bed and repeat the exercise as many times as there are hours and minutes in a night. Some will succeed immediately; these are the fortunate ones who have practiced the Jinn science in ancient reincarnations. Others may have never practiced that science and they must begin to acquire that power by practicing Pranayama and practicing for many years, until they obtain the Jinn powers.

In reality, this key is just a modification of sleepwalking; it is voluntary yet induced somnambulism.

During sleep, tremendous subconscious energies are functioning which the devotee must take advantage of like a lever in order to place his body into hyperspace.

Second Key for the Jinn

There exists a nut, commonly known as the *deer's eye*. This nut has marvelous Jinn powers. The devotee must become drowsy while holding this nut in his hand. The devotee must place himself in the same position as given in the previous key, but while holding this marvelous nut in his right hand. It is urgent to remember that this nut has a marvelous elemental genie that can help the devotee to place his body into the Jinn state.

During this practice, the devotee must become drowsy while pronouncing the mantra *Invia*. Then, the elemental

genie will come to the call and will help him to place his body in the Jinn State.

The devotee must get up from his bed, holding on to the sleepy state as if it was pure gold. Before he leaves his house, the devotee must take a small jump with the intention of floating in the surrounding atmosphere. If the devotee floats, then he can leave his house in the Jinn State. If he does not float, then he must repeat the exercise for as many hours, months, or years that it takes until achieving victory.

Third Key

There is a Master whose name is *Oguara*. This Jinn Master truly helps all those who call him in the name of the Christ. The devotee must lie down in the same position previously mentioned, but calling the Jinn Master Oguara in the name of the Christ, saying, "In the name of the Christ, by the majesty of the Christ, by the power of the Christ, I call you Oguara, Oguara, Oguara. Place my body in the Jinn State." Repeat this invocation many, many times until entering into sleep; then the student must get up, holding on to sleep as if it was pure gold. The devotee must then take a small jump with the intention of floating in space. If he floats, it is because he is then in the Jinn state. If he does not float, then he must get back into bed and repeat the experiment.

Fourth Key

The devotee must sit in front of a table, with his arms crossed on the table. The devotee will become drowsy with his head resting on his crossed arms. The devotee must invoke the Jinn Masters so that they may help him in these practices. He can call upon Babaji (the Yogi Christ of India), or his sister Mataji. He can invoke Harpocrates, or Saint Peter, etc. Then when the student begins to dream, he must get up from the chair automatically, instinctively and without any kind of reasoning, conserving sleep as if it were solid gold. The student must then take a long jump, as far as possible, with the intention of floating in the surrounding atmosphere. The devotee must mark on the floor with a pencil the exact place where he landed. The student must repeat this exercise daily, untiringly and patiently. He must always mark the point on the floor with a pencil, to measure the length of each jump. This system is marvelous because the Jinn student can keep appreciating his degree of progress in the Jinn. For example, today the devotee's jump measured 1 meter, tomorrow his jump may be 1 centimeter more than the previous day, and the following day one centimeter more, and so on. Thus, the student is measuring his progress in Jinn science with precision. Finally, he will discover one day, with wonder, that he has performed an extremely long jump, a strange jump that no athlete could perform; these are signs which indicate with clarity his progress in Jinn science. Following this incredible jump, the devotee can remain floating in hyperspace. Thus, he has achieved victory. This key is formidable.

What is important in occultism is to practice. Today people are tired of theories. Now what is needed is practical occultism. People who theorize do not practice, nor do they allow others to practice. The student must not waste his time theorizing. He is better off practicing quietly and keeping his triumphs secret. He must remain very silent, because this science is secretive. It is better to remain in silence; thus, we avoid the mockery of useless theorists who do not practice or allow others to practice. They are just social parasites.

Fifth Key

In the precise instant in which the student awakens from his normal sleep, he must jump from his bed instantaneously without any conscious or subconscious analysis, without the process of conceptual election, in an instinctive way, ecstatic for wisdom and full of faith like the steel of the sword that is well-tempered and ready for battle.

Before leaving the house, the student must take a jump and then if he floats in the surrounding atmosphere, it is because his body has entered into the Jinn state. Then the student can direct himself wherever he wishes with his physical body in the Jinn State.

If he does not float, then the student must repeat the experiment. With patience we can go very far in these studies.

Sixth Key

The tiger knights of Aztec Mexico placed their physical bodies in the Jinn state with the help of the elemental force of the tiger.

Some Mexican Codices depict the tiger knights heading to the temple in the form of tigers. They say that when they arrived at the temple they once again took the human form.

In ancient Mexico, the temple of the tigers was very sacred. The elemental force of the tiger permits us to place the body in the Jinn state. The student can lie down on a tiger skin. The devotee can become drowsy while invoking the Devas who reign over the tigers. Beg them to help us with the force of the tiger.

The Aztec devotees of the sacred order of the tigers, while becoming identified with the tiger, became drowsy, and then holding on to sleep as if it were solid gold, they then got up from their beds walking on four legs like the tiger. Then, full of faith, they said: "We belong to ourselves!"

Thus, with the body in the Jinn state and in the form of tigers, the tiger knights arrived to the temple. The Mexican Codices tell us that when they arrived, they once again took their human form.

The Yogis from Hindustan sit and meditate on tiger skins.

The Aztecs recount that the first human race was devoured by tigers (a symbol of divine force).

“May the suns of enthusiasm enlighten your path.”

“May Xhcoc sing in your steps.”

“May the forces of the tiger accompany you.”

“May the sparks of wisdom illuminate your intellect.”

“May the whispering Picr give shade when you rest.”

“May the emerald frogs direct you along the paths, croaking without repose.”

“May She, Nature, be prodigal with you.”

“May the universal force bless and guide us.”

The Occidental yogi, lying down on the tiger skin while partially naked, must do the esoteric practice of the tiger knights. This is how he will enter into the Jinn state.

Seventh Key

Those who know how to travel in their astral body can invoke their physical body from afar. The first thing that the Gnostic who is going to work with this key must do is to go out in the astral body. When he finds himself far from his body he may call upon any of the Jinn Masters and beg to them to bring him his physical body. He can invoke the Masters Harpocrates, Babaji, Mataji, Saint Peter, Oguara, etc. He must beg by the Christ, asking for the Christ, beseeching by the power of the Christ. The Genii of the Jinn state will then take the physical body

from the bed and will bring it to the devotee who is asking for it.

Before the body arrives, first come many bubbles that will appear before the devotee. The final bubble is the color red. Behind that bubble comes the body in the Jinn state. When the body is approaching, the student then feels as though his shoulders are getting very heavy. The emotion that we feel when the physical body is in front of us is tremendous. The greatest surprise comes when we discover that the physical body also has consciousness and will respond to the questions we ask it.

In such moments, the devotees must dominate all emotions and control his mind in order for the experiment to not fail. If the devotee lets himself be taken by his emotions, then both the physical body and the devotee will return instantaneously to the bed and the experiment will fail here.

Table Work

In occultism, table work is called the instant in which the physical body, being invoked from afar, must inevitably enter into the sidereal body of the devotee. This act is very difficult because the body must learn, and the soul must dominate emotions and know how to command.

The body must enter the soul through the crown chakra, or lotus of one thousand petals, which is located in the upper part of the head of the sidereal body. The devotee

must command the body and the body must obey. If the body does not obey, then it is because it does not know how to; therefore, the devotee must teach it.

The soul must command the body to leave through the sidereal head of the astral body and penetrate into the devotee through the same door. The result is marvelous: the physical body obeys and enters into the devotee (in the astral plane); it is not the devotee who must enter into the physical body. In the astral plane things are very different. There it is the body that has to enter into the devotee.

This is how the devotees remain with their bodies in the astral plane. The Jinn system of the seventh key is for those who are very well practiced in the use and management of the astral body.

With the physical body in the Jinn state, we can visit the temples of the Great White Lodge and receive direct teachings from the great Masters who initiated the dawn of creation.

This is what is known as *practical occultism*; this is what is now urgently needed. The students of the different schools of occultism, with just reason, are tired of so many theories. Unfortunately, the majority of students want to obtain powers by having them given to us, without any effort or sacrifice and with all types of comforts, straight away, as if it were, so to speak, “a piece of cake.”

We must be aware that everything costs in life, and nothing is given to us for free. The one who wishes to develop

these Jinn powers must have the patience of Saint Job, the courage of the tiger, the tenacity of the bull and the inexhaustible thirst for true divine wisdom.

This science is not for fickle people; it is better that fickle people renounce these studies. This science is not for curious people either. We cannot play with cosmic laws free of consequences, without being burned. The Law is the Law and we must respect what is sacred.

Jinn Substances

There exist many substances that will help us in Jinn science. The student of occultism must know what these substances are and learn how to manage them. Jinn science is terribly divine. The Orphic egg, the golden egg of Brahma, the Egyptian egg, etc., clearly symbolize the *prima materia* of the Great Work. The universes, plants, animals, humans and Gods come from this *prima materia*.

The egg contains great occult powers. The hen's egg is utilized for Jinn states.

Formula

Warm the egg slightly in water. Poke a hole in the pointy part of the eggshell. Remove the yolk and the egg white. The yolk and the egg white must be extracted from the hole in the egg.

Now grind the empty eggshell into dust. The yogis use this powder for Jinn science.

Every night, before performing Jinn practices, the devotee must sprinkle the powder on his chest and under his arms, or armpits. The student must then cover up and begin his Jinn practices. The student must have a large quantity of this powder for the Jinn practices.

Great powers of Jinn science are found in this powder. This powder is marvelous.

Sanctity

The student that is studying and practicing Jinn science must inevitably stop committing three sins: anger, greed, and lust. Only by doing so it is possible to avoid the attack of the tenebrous ones. If the student does not control these defects, then he will not gain true, positive progress in the complete sense of the word.

Clothing

Men who dedicate themselves to Jinn science must wear only loose fitting yellow shorts for their practices. That is all. The nude body is better for Jinn practices, because the chakras spin freely without the clothing getting in the way.

Women

Women who are practicing Jinn science must use a very long and wide tunic for their practices, a tunic that is as wide as possible. The tunic must be very beautiful, akin to

the robes of the Samaritans. Women who dedicate themselves to Jinn science must not cut their hair. For women, the hair is a symbol of purity and chastity. In ancient times, a woman who committed adultery had her hair cut. That was her punishment.

Women practicing Jinn science do not use the same clothing as men (i.e., loose fitting shorts), for their practices because it is immoral for them to do so. The divine hierarchies demand modesty, purity, and chastity.

Warning

These yellow tunics that are used for the Jinn are not to be used to attend Gnostic rituals. These tunics are just for Jinn science

The yellow tunic for Jinn science must be worn directly on the skin of the body. No other type of clothing must be worn under this wide tunic.

Chapter 15

Utensils and Perfumes

We must always use a special room in order to work with Jinn science. However, if you do not have a special room at your disposal, then the bedroom or bedchamber itself can become a true sanctuary. With chastity, everything runs favorably.

The bedroom must be incensed daily with the five perfumes. These perfumes are the following: frankincense, myrrh, aloe, sulfur and camphor.

It is necessary to paint the sign of the pentagram, the five-pointed star, at the entrance of the bedroom. The two lower points must be pointed towards the outside of the room and the upper point must point towards the inside of the room. The star can be drawn with charcoal. We can also have a framed pentagram placed above the head of the bed. In this case the superior point is pointed upwards and the inferior points are pointing downwards.

The bedchamber or room must be decorated entirely in the color yellow: yellow carpets or rugs, yellow lights, yellow decorations, etc.

The initiate must have loose fitting yellow shorts and in addition to this, a yellow bathrobe.

Within the bedchamber or work room we must always have a picture of the Christ, Buddha, and the Virgin, who may be represented as Isis, the Cosmic Mother of India, Tonantzin, or simply as the white dove of the Holy Spirit. All of these images do not represent a divine or human person, but rather they simply represent God the Mother. We already know that God as the Father is wisdom and God as the Mother is love. As Father he resides in the eye of wisdom located in between the two eyebrows. As Mother she resides in the heart temple. The serpent upon the staff also represents the Divine Mother.

We should carefully select the symbol that we most like and use it in the work room.

We must have an altar in the bedroom and a fire must be burning on this altar. The fire must never be missing in the house of an initiate.

This is *The Yellow Book*; it is the wisdom of the Buddhas; it is the science of the cosmic mind.

The Buddhas use a yellow cloak. The color of the mental world is yellow. When a man liberates himself from the

four bodies of sin, then he is a Buddha. Every Buddha uses a yellow cloak. The ray of the Christ is golden yellow.

The science of the mind truly constitutes *The Yellow Book*. This is *The Yellow Book* because it is the science of the mind.

The initiate should retire at 10:00 p.m. daily in order to work with the science of the mind.

The initiate must carefully avoid all kinds of discussions or arguments with incredulous people who do not do and do not allow others to do; who want the world to revolve in accordance with their know-it-all affirmations, which are full of nonsense and malice of the worst kind.

The devotee must bathe himself daily to assure cleanliness. The room must always be neat, tidy and clean.

Jinn religion is very sacred. Here in this *Yellow Book*, we have taught the sacred Jinn science to all human beings, except for those who are imbeciles. Imbeciles do not believe, neither do they want to believe or to accept, because they are imbeciles.

The workroom must always contain freshly cut flowers. Flowers, perfumes, symbolic images, and beautiful music contribute in creating an environment filled with wisdom and love.

Conclusion

With infinite happiness we have concluded this work which, with humility, we offer to the poor and suffering humanity.

It has been said that there exist three rays of intimate self-realization. These three rays are: the mystical, the yogic and the path of the householder.

The beloved brothers and sisters of Gnosis, while supporting themselves on their staff, walk this three-fold path. Our motto is Thelema (Willpower).

Beloved brothers and sisters, here we have an absolutely practical book of occultism. For the love of loves, we the Brethren of the Temple advise you with infinite humility to not waste your time theorizing. The opium of theories is more bitter than death.

Be humble in order to obtain wisdom and after having obtained it, be even more humble yet.

Practice the teachings in this book and you shall develop your divine powers.

Beloved brothers and sisters, be consistent, be patient, have absolute faith in the Divine Mother Kundalini. The Lady of all adoration guides her devotees from chakra to chakra.

When the igneous serpent of our magical powers

awakens, the devotee goes through six short unforgettable experiences, namely: divine happiness, trembling of the body and of the body parts, unfolding in the astral, spiritual voluptuousness, pain in the coccygeal bone with strange dizzy spells, and very deep sleep full of spiritual lucidity.

These six signs indicate to the disciple the awakening of the Kundalini. This is how the gardener waters the delicate internal garden with the sublime nectar of love, until the delicious fruits of Eden appear.

The Yellow Book is truly a manual of practical esotericism. Beloved disciples, we must know that this text is a sure guide on the path of Initiation.

Study this book and practice with intensity and supreme patience. Many occult powers appear with the awakening of the Kundalini. When this happens we must be very careful not to fall into pride. Having these powers, be like one who does not have them. Recognize, therefore, your own misery and sins. Take refuge within the nothingness. You are only the sinning shadow of the one who has never sinned.

Develop your internal powers, but dissolve the “I,” the myself, the reincarnating ego. Only by dissolving the “I” will you obtain complete liberation.

The “I” is a horrible larva, which is present within the different recesses of the mind. When the “I” is dissolved,

that Great Lord of the Light enters the soul and makes it his dwelling.

We, the Brethren of the Temple, feel great bitterness when we see a great Master who, in spite of having awakened the Kundalini, still has the “I” alive within the profound levels of the mind.

Beloved brothers and sisters, here you have a book to be able to awaken the Kundalini and to develop all the occult powers. Practice, most beloved ones, but dissolve the “I.” Recognize your own misery and sins. Fast a lot, pray, and tread with faith, patience, and charity along the difficult path that leads to Nirvana.

Samael Aun Weor



Appendix

Note 1: I was once a fanatic vegetarian and in the name of truth I tell you that I became disillusioned with that system. I still remember that time in the Sierra Nevada of Santa Marta, Colombia, in South America; in that time I wanted a poor dog to become one hundred percent vegetarian. Yes, the animal learned, he got used to the system, but having learned, he died.

Nevertheless, I observed the symptoms of that creature, the weakness that it showed before dying, etc. Much later in the Republic of El Salvador, in Central America, the same symptoms happened to me. When I was returning home, walking up a long street that tended to be more vertical than horizontal, as it was very steep, I started sweating frightfully.

The weakness increased; I thought I was going to die. I had no other alternative but to call my wife, Master Litelantes, and to ask her to cook me some beef. She did so and

I ate it. The energies then returned to my body and I felt like I came back to life.

Since then I have been disillusioned with the system.

Samael Aun Weor
Lecture: "About Vegetarianism"

Note 2: Once, the date and time do not matter, I was outside the physical body and I found myself with my sacred Mother in the interior of a precious area. After the usual embraces between mother and son, she sat down on a comfortable armchair in front me; I took advantage of the opportunity to ask her some very necessary questions. "Am I doing well now, my Mother?" "Yes my son, you are doing well." "Do I still need to practice sexual magic?" "Yes, you still need to." "Is it possible that somebody, in the physical world, can self-realize without the need for sexual magic?" The answer to this last question was tremendous: "Impossible, my son; that is not possible." I confess frankly and bluntly that these words from the adorable one left me astonished. I then remembered, with supreme pain, the many pseudo esotericists and pseudo occultists who truly yearn for the final liberation, but do not know about the Sahaja Maithuna, sexual magic, the marvelous key of the Great Arcanum. There is no doubt that the way that leads to the abyss is paved with good intentions.

From the book by the V.M. Samael Aun Weor
"The Three Mountains", Chapter 10

Note 3: In oriental Tibet the Bons monks are very radical when it comes to self-realization, which is why Blavatsky thought that they were black magicians. We have all repeated this mistake and now we feel obligated to rectify it. I am not saying that the Dugpas are saints or meek lambs. They are black magicians because they teach black tant-rism, but the Bons (even though they use a red hood) are not black magicians as Blavatsky mistakenly supposed.

Samael Aun Weor
Lecture: "The Devil and Lucifer"

Note 4: Tanmâtras (Sanskrit). Types or rudiments of the five elements; the subtle essence of the elements, devoid of all qualities and identical to the fundamental properties of the five elements: earth, water, fire, air and ether. In other words, the tanmatras are, in one of their aspects, smell, taste, touch, sight and sound. [Tanmatras means subtle and rudimentary form, the crude type of the subtlest elements. The five tanmatras are really the properties or characteristic qualities of matter and of all the elements; the true spirit of the word is "thing" or "merely transcendental," in the sense of the properties or qualities. (Secret Doctrine, III, 519, note). — According to Sankhya philosophy, the tanmatras, subtle or primary elements, are the production of ahankara, and they correspond to the five senses, and are designated with the corresponding names. These five subtle elements are combined among themselves to give origin to crude or composed elements (maha-bhutas), which, when combined together, form the

material world. (See: Mahabhutas). In addition, tanmatras means: subtle or atomic particle, etc.] (Theosophical Glossary of H.P.B.)





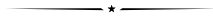
Chronology of the written works of Master Samael Aun Weor

1.	Doorway to Initiation or Entry-level Perfect Matrimony _____	1950
2.	The Revolution of Bel _____	1950
3.	Zodiacal Course _____	1951
4.	Secret Notes of a Guru _____	1952
5.	The Book of the Virgin of Carmel _____	1952
6.	Supreme Christmas Message 1952 (Gnosis XX th C.) _____	1952
7.	The Seven Words. Elemental Occultism for Beginners _____	1953
8.	Igneous Rose _____	1952/53
9.	Second Christmas Message 1953 (Gnosis XX th C.) _____	1953
10.	Christmas Message of 1954 (Gnosis XX th C.) _____	1954
11.	Treatise of Sexual Alchemy _____	1954
12.	Christ Will _____	1955
13.	Message for the 27 th of October of 1955 (Gnosis XX th C.) _____	1955
14.	Supreme Christmas Message of 1955 (Gnosis XX th C.) _____	1955
15.	Christmas Message of 1956 (Gnosis XX th C.) _____	1956
16.	Christmas Message of 1957 (Gnosis XX th C.) _____	1957
17.	Fundamental Notions of Endocrinology and Criminology _____	?

18. Esoteric Treatise of Theurgy	1958
19. Christmas Message for 1958 (Gnosis XX th C.)	1958
20. Christmas Message 1958-1959 (Gnosis XX th C.)	1959
21. Logos, Mantram, Theurgy	1959
22. The Yellow Book	1959¹²
23. Supreme Christmas Message of 1959-1960 (Gnosis XX th C.) ___	1960
24. Message of Aquarius	1960
25. Supreme Christmas Message 1960-1961 (Gnosis XX th C.)	1961
26. The Perfect Matrimony	1961
27. Supreme Christmas Message 1961-1962 (Gnosis XX th C.)	1962
28. Aztec Christic Magic	?
29. The Mysteries of Fire	1962
30. The Book of the Dead	?
31. Supreme Christmas Message 1962-1963 (Gnosis XX th C.)	1963
32. Supreme Christmas Message 1963-1964 (Gnosis XX th C.)	1964
33. Christmas Message 1964-1965	1965
34. Supreme Christmas Message 1965-1966	1966
35. Fundamental Education	1966
36. Social Transformation for Humanity	?
37. The Platform of P.O.S.C.L.A.	?
38. The Social Christ	?
39. Christmas Message 1966-1967. The Buddha's Necklace	1967
40. Esoteric Treatise of Hermetic Astrology	?
41. Christmas Message 1967-1968. The Solar Bodies	1968
42. Christmas Message 1968-69. Esoteric Course of Runic Magic ___	1969
43. Tarot and Kabbalah	1969

12 We have information that the first complete edition of this book was printed in (Colombia) Medellín in 1959, but we have not obtained a copy.

44. Christmas Message 1969-1970. My Return to Tibet _____ 1970
 45. Christmas Message 1970-1971. Parsifal Unveiled _____ 1971
 46. Christmas Mess. 1971-72. The Mystery of the Golden Blossom __ 1972
 47. Christmas Message 1972-1973. The Three Mountains _____ 1973
 48. Yes, Hell exists; yes, the Devil exists; yes, Karma exists _____ 1973
 49. The Great Rebellion _____ ?
 50. Treatise of Revolutionary Psychology _____ 1974
 51. Christmas Message 1973-1974 (?) _____ 1974
 52. Christmas Message 1974-75. The Secret Doctrine of Anahuac ___ 1975
 53. Pistis Sophia Unveiled _____ 1977
 54. Treatise of Occult Medicine & Practical Magic (X. Mess. 77-78)¹³ 1978



13 First edition in 1950

Other Books by the
Gnostic Society Samael Aun Weor

